

Dare to Date...Again!

Check Calendar for Upcoming Dates Wayland, MA

Whether you have recently divorced or ended a significant relationship, or have been on your own for awhile, this one-day workshop can help.

You will examine your readiness to date, clarify the type of relationship you want to attract, and create strategies for success in the new dating world.

No matter how you feel at the prospect of dating -- clear and confident or nervous and tenuous -- the task for all of us is the same: to walk the path of knowing who we are, learning to see others clearly, and dropping our images and expectations so we live more from our essence. This allows us to take the daring plunge into union.

~ Charlotte Kasl, [If the Buddha Dated](#) ~

Do you find yourself wondering:

- ✚ Am I destined to be alone (forever)?
- ✚ Why does everyone think I should be dating again but me?
- ✚ How do I avoid repeating the same mistakes all over again?
- ✚ Are there really any nice guys/gals out there?
- ✚ What if I meet someone nice right away?
- ✚ How do I meet someone when my life is so busy (and full of responsibilities)?
- ✚ Is it OK if I'm looking to meet new people but don't want a committed relationship?
- ✚ What's all the fuss about internet dating and does it really work?

In this workshop we will explore :

- ✚ Are you ready to date again?
- ✚ What you are looking for in the next relationship, and is it healthy?
- ✚ Are you prepared to have what you say you want?
- ✚ Which dating venue is best for you?
- ✚ What is the best way to navigate internet dating services?

Logistics, Registration and Price:

- ✚ 9:30am to 4:00pm, Wayland, MA.
- ✚ \$125, includes lunch and materials.
- ✚ Space is limited. To reserve a spot, please send a \$50 deposit to One Journey Consulting, at the address above.
- ✚ For more information, email info@OneJourneyConsulting.com or call 508-276-1764.

Facilitators:

Renée Cooper is a Harvard-trained Executive Coach and Workshop Leader. She has been studying personal growth through divorce for eight years, and is writing a book on the subject. She is the founder of One Journey Consulting.

Diane Hall is a successful high tech executive. She is passionate about creating communities where people can connect and discover their true selves, develop their talents and be appreciated for their contributions. Di is a partner at One Journey Consulting.